



**POPULATION
HEALTH TRUST**
ADVISORY COMMITTEE

Board of Health
Kenneth Dahlstedt, Chair
Lisa Janicki, Commissioner
Ron Wesen, Commissioner

PHT Steering Committee Meeting

Monday September 10, 2018 from 12:00pm-1:30pm

Skagit County Commissioner's Building-Copper Room

Members: Carol Hawk, Bill Henkel, Debra Lancaster, Kevin Murphy, Liz McNett Crowl, Kristen Ekstran and David Jefferson

Absent: Connie Davis & Jennifer Johnson

• **Welcome and approve previous notes**

The group unanimously approved the previous meeting minutes

• **Membership Changes PHT**

Stephanie will resign from the PHT Board in October and requested that Claudia Marken be the replacement for the East County Representative. Also, Stacy Phelps is no longer with the Upper Skagit Indian Tribe. David will reach out to Marilyn Scott to determine a replacement for her tribal representation

• **Review of Steering Composition**

Carol has reached out to Mary McGoffin to be a part of the Steering committee.

Suggestions

- Reach out to Skagit Regional Health (Connie Davis) to determine the availability of attending Steering. If unavailable, replacing with a clinical health representative from the Membership
- Importance of sector representation, as well as availability

Carol agreed to follow up with Mary McGoffin to communicate the level of commitment and determine interest in joining the Steering Committee. Dependent on the response from Skagit Regional Health, the group agreed to reach out to Chris Johnston next. David and Kristen will also see whether SeaMar might be available.

• **Fiscal Update**

~~-~~United Way, Community Action, United General and Peace Health have made fiscal pledges for the 2019 year.

.David proposed to the group of hiring a contractor to spearhead the Health Equity assessment and implementation at the proposed amount of \$5000.

- Carol suggested that agencies which received Accountable Communities' of Health capacity building funds might contribute to facilitate a Health Equity Contractor

The group agreed on resending the pledge letter to the membership and include additional information on the proposed budget line items.

- **Brainstorm content for presentation to Cities**

Kristen asked the group for feedback and suggestions to present to local cities on the work of the PHT.

Suggestions/questions

- Presenting the White Paper on Health and Housing
- Social Determinates of Health in Skagit County
- Health-How it relates to their work
- How much PHT foundation do you have to lay in order for them to care about the actions we've completed?
- Approach each with a tailored presentation to the county, include accolades for parallel work in their jurisdiction or collaborations
- Make objectives, intentions and asks clear
- Add Kiwanis, Chambers and Rotary meetings as channels to communicate and educate the community and jurisdictions
- Create a promo video for the PHT History to use on Skagit 21 and for the beginning of the presentations, including testimonials on how these health issues have impacted them
- Include an op-ed for the Skagit Valley Herald on Housing-suggested Phil Brockman, Mary Ellen Lykins, and Ken Lawson to collectively write on Health in relation to Housing for children and youth

The group agreed to proceed with presentations when feasible, beginning with housing, which will include a short history of the PHT, housing and how it relates to health, and how it relates to the cities. Bill agreed to work on a Housing presentation for the first presentation, and suggested including some PHT members to be involved. Kristen will begin scheduling throughout the community and compiling a panel for involvement. Kristen and David will reach out to the Skagit Valley Herald and then to Phil, Mary Ellen and Ken to request involvement with Herald op-ed.

- **Can we identify a number of action steps that Trust Members can do**

Tabled for future meetings.

- **November Retreat Planning**

David and Kristen will continue to put together an agenda and create a registration for people to attend to determine capacity. More to come.

- **Next Steps**

- ➔ The next Steering Committee Meeting on Monday October 8, 2018 from 12:00pm-1:30pm

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